



# Marian College Newsletter

*'Smaller Community - Big Opportunity'*

Wednesday 24th April 2024

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## Marian College

Prince St (PO Box 215)  
Myrtleford Vic 3737  
P (03) 5752 1596  
E [info@mcm.vic.edu.au](mailto:info@mcm.vic.edu.au)  
W [www.mcm.vic.edu.au](http://www.mcm.vic.edu.au)

## Office Hours

8am - 4pm

## Acknowledgment

Marian College acknowledges the Minjambuta People as the traditional custodians of this land.

Marian College is founded on the charism of the Presentation Sisters 'In Deeds Not Words'.

Marian College is an inclusive and Child Safe school.

Marian College is committed to Democratic Principles

## Principal's Report – Cath Watter



This week we commemorate Anzac Day. This year's theme is 'Peacekeepers'.

It is difficult to visualise a peaceful world on a day at Gallipoli which was so much marked

by the horror of war, or today when wars in Ukraine and the Middle East dominate our news. But to lose hope of peace is to overlook the reason why so many sacrificed their lives at Gallipoli and the rest of World War 1, and in all the conflicts in which Australians have since been sent to fight, including peacekeeping missions - their sacrifice was made in the fight for a lasting peace, a better world.

Our challenge is to build on their legacy. We too must work for God's peace in the world.

Where countries and their leaders fail we must succeed in helping to bring peace - to our families and friends, our communities and indeed, within our own selves. The struggle for peace is not only fought on the battlefield - whether the shores of Gallipoli or the mountains of Afghanistan one hundred years later - but in our day to day world. Through our care for those we encounter and our work toward building peace from the ground up, as it were, we build on the sacrifices of those who have gone before us and in doing so, honour their selfless contribution as 'Peacekeepers'.

Let us work for peace.

*Cath Watter*

**Cath Watter**  
**Principal**

## Prayer - The Ode

**They shall grow not old,  
as we that are left grow old:  
Age shall not weary them,  
nor the years condemn.  
At the going down of the sun  
and in the morning  
We will remember them.**



## Absentees

**Students are expected to attend and be punctual to all classes and events. School starts at 8.45am each day with Learning Mentor (LM).**

- If a student is absent, it is important that parents/guardians inform the school by 9am on the day, **providing a reason.**

**PAM:** [pam.mcm.vic.edu.au](http://pam.mcm.vic.edu.au)

**Email:** [info@mcm.vic.edu.au](mailto:info@mcm.vic.edu.au)

**Phone:** (03) 5752 1596

- All absentees are recorded at morning LM. If the College has not been notified of a student's absence, both parents or guardians or custodial parents will be notified by text message to let them know that their child is not at school. ***The reason for the absence will be requested as it is a legal requirement that the College notes this on the absence register.***
- **If a reply is not received from the students' parents, the office will ring parents contact number. If a reply is still not received emergency contacts will be notified**
- Attendance is taken at the start of each period.
- Parents are not required to notify the office if students are attending excursions and sports carnivals as excursions and sports carnivals are part of the school's planned learning activities.

### **If a student is late**

- Students arriving late are required to sign-in at Student Reception.
- A note or telephone message from parents/guardians is required to support the reason for the lateness if signing in more than 15 minutes late

## Covid-19

There has been an increase in the number of COVID19 cases across North East Victoria in recent weeks.

So just a few reminders about some actions that we can all take to keep our community safe.

- **Air purifiers can be used and windows and doors opened to provide ventilation.**
- **Students can also be given the opportunity to work outside when appropriate.**
- **Good hand, cough and sneeze hygiene continues to be important, as does physical distancing where possible.**
- **Students who are confirmed cases should isolate at home for at least 5 days and only return to school when they are well.**

**We have a number of staff and students with vulnerable health. Staying at home if you are unwell will help protect all members of the College community.**

- **Anyone who is a close contact of a confirmed case is encouraged to wear a mask. Masks are available from reception for those who would like them.**
- **RATs are also available at reception for testing if you develop symptoms and for daily testing of close contacts.**
- **We continue to ask parents and carers to report positive cases to the School.**

**As always, if you are unwell, please do not come to school until your symptoms resolve.**

## Calendar 2024

Thursday 25th April	ANZAC Day   Public Holiday
Wednesday 1st May	Whole School Assembly
Wednesday 1st - Friday 3rd May	Year 11 City Immersion Camp
Friday 3rd May	G.R.O.W Up! Full Run Through   3.30 - 6.30pm
Tuesday 7th - Thursday 9th May	Mental Health First Aid   Year 8 & 10
Tuesday 7th May	G.R.O.W Up! All Day Rehearsal (Tech Run)
Wednesday 8th May	Cross Country
Wednesay 8th May	G.R.O.W Up! Year 6 Show
Wednesday 8th May	Advisory Council Meeting   6pm
Wednesday 8th - Friday 10th May	Justice Matters Camp
Thursday 9th May	G.R.O.W Up! Production Opening Night
Friday 10th May	G.R.O.W Up! Production Matinee and Closing Night

## Term Dates 2024

Please find below the school term dates for 2024

### Term 2

**Start:** Monday 15th April  
**Finish:** Friday 28th June

### Term 3

**Start:** Monday 15th July  
**Finish:** Friday 20th September

### Term 4

**Start:** Monday 7th October  
**Students Finish:** Tuesday 10th December  
**Staff Finish:** Friday 20th December

## Absentees - Please Let The Office Know

All Student absentees must be reported to the office via one of the below three methods

**Phone – 5752 1596**

**Email – [absences@mcm.vic.edu.au](mailto:absences@mcm.vic.edu.au)**

**PAM – [pam.mcm.vic.edu.au](mailto:pam.mcm.vic.edu.au)**

It can be helpful for parents to follow up with teachers, but the first point of contact should always be the office. It is not the responsibility of the teacher to pass on messages to the Administration team.

Thank you.



Michelle Barker



Ryland Jordan

## Junior O&M Interschool Sports

In the last week of term we took 3 tennis teams and one cricket team away to Wodonga for Inter School sports, the sunshine provided for the perfect day of competition.

The mixed year 7/8 cricket team played in 4 matches and although they only managed one draw they were competitive in each game and really enjoyed their day.

At the tennis the boys team played well but didn't manage any wins, the year 7 girls were unlucky to miss out on top spot on the ladder and the year 8 girls went undefeated, giving them the opportunity to progress on to Hume level in term 4.

**Michelle Barker**

### Tennis

Students from Year 7 and 8 took part in the inter-school tennis tournament held in Wodonga. Marian students' levels of participation, teamwork, and sportsmanship was exceptional throughout the event. The Year 8 boys demonstrated consistent performance, with a few victories alongside some closely contested matches. The Year 7 girls showcased remarkable skill, with only one defeat in a tightly contested match against Tallangatta. Additionally, our Year 7 girls displayed admirable sportsmanship by filling in for other schools, ensuring everyone had the opportunity to participate. The Year 8 girls delivered outstanding performances, winning all their matches, and advancing to the next stage.

**Ryland Jordan**



## Senior O&M Interschool Sports

We had multiple groups travel to take part in OM Interschool sports in Tennis, Volleyball and Cricket. Individual groups results are below but overall our College did very well.

### Senior Tennis

The girls played brilliantly all day against Rutherglen, Mount Beauty and Yarrowonga. Both of our teams played in the grand final, but were unfortunately not victorious, despite some clever moves and tactics.

They represented their school with distinction and it was a pleasure to be with them for the day.

**Vicky McGowan**

### Senior Cricket

Marian College defeated Sacred Heart, Yarrowonga B and Yarrowonga C to secure a place in the Grand Final. They were out played in the Grand Final where they were beaten by Mt Beauty.

**Davina Perkins**

### Senior Volleyball

Girls volleyball won all of their games, including the Semi Final and Grand Final. The girls team will go on to the next stage. Congratulations!



Vicky McGowan



Davina Perkins



Andrew McKenzie-McHarg



Caitlin Nolan

## STEM/Art Day at MP12

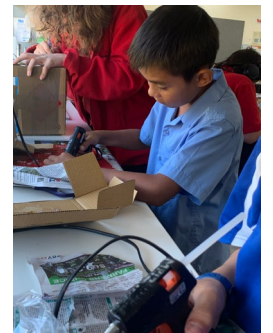
As an alternative to competing in the recent O&M interschool sports day, a select group of Year 7 and 8 Marian students joined with their peers from Myrtleford P12 for a day of STEM and Art activities. It was a day dedicated to fostering creativity, igniting curiosity, and celebrating the interdisciplinary harmony between science, technology, engineering, mathematics, and the arts.

Students who elected to participate in the science and engineering activities were required to employ some innovative thinking as well as their knowledge of fundamental scientific principles to plan,

propose and construct solutions to a range of engineering challenges. The art activities allowed students to explore design principles and demonstrate their creativity in a range of mediums including textiles and visual arts.

All activities throughout the day were designed to allow students opportunities to think critically and to collaborate with their peers.

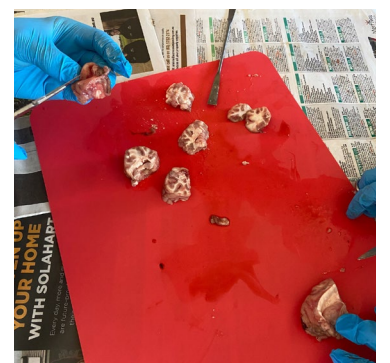
The Marian community would like to whole-heartedly thank Jenni Gardner and her team at MP-12 for hosting the day. All students reported an enjoyable and engaging experience.



## Year 11 Psychology

Year 11 students have been learning about the brain areas and functions. We had a hands-on session in Term 1 where students dissected sheep brains. This was a fun activity for the students to see a brain in real life and examine the cross sections.

In Term 2 students will be learning about brain plasticity and brain injury including concussion, a very relevant topic in contact sport at the moment. The students will be looking at contemporary research to understand neurological disorders and brain injuries.



## G.R.O.W Up! Production

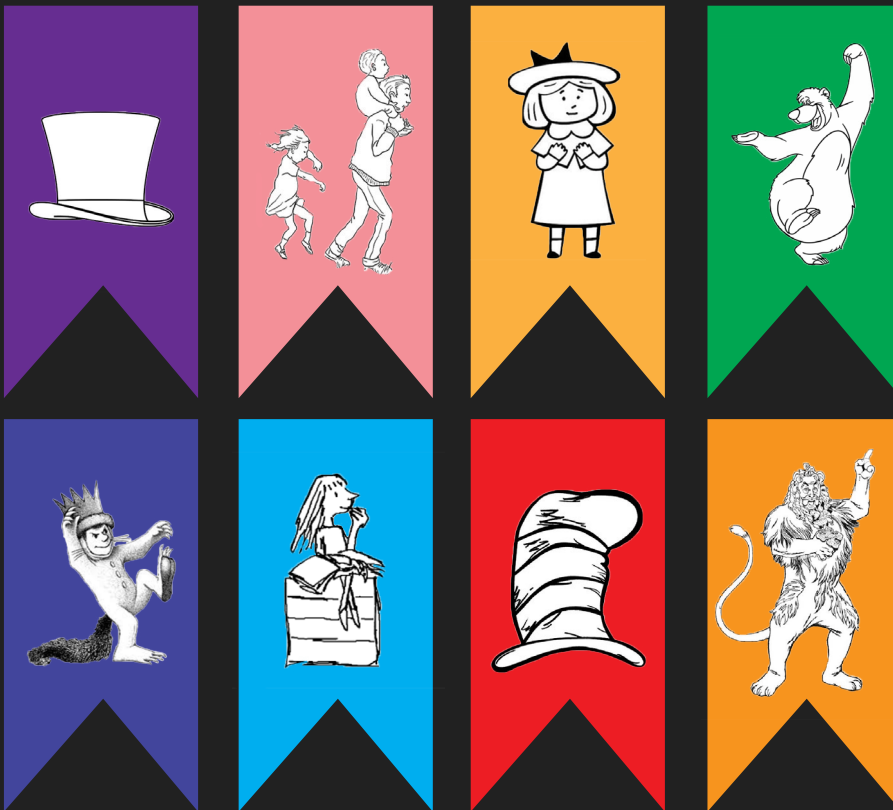
Our 2024 Marian College Production, G.R.O.W Up!, will be performed this term!

The two performance times available are **Thursday 9th May, 6.30pm - Opening Night** and **Friday 10th May, 6.30pm - Evening Show**.

Tickets can be booked through the Office from this week. Prices are listed below along with further details. We look forward to seeing you there!



Vicky McGowan



Marian College presents...

# G.R.O.W. Up!

### Dates 2024

8th May, 11:30am (Grade 6 Transition show)  
9th May, 6:30pm (Opening Night)  
10th May, 1:30pm (School Show)  
10th May, 6:30pm (Evening Show)



Bookings through  
Marian College Office  
(03) 5752 1596

### Venue

EMPAC, Prince Street, Myrtleford

### Pricing

\$8 (All Concessions)  
\$15 (Per Adult)  
\$40 (Family of 5)

## G.R.O.W Up! Production - Sneak Peak!





## Year 12 Stations of the Cross

This year the Year 12 cohort together with their teachers elected to prepare and present the 'stations of the cross' in a recontextualised manner which takes in a presentational style of performance. The fourteen stations have been reimagined to eight, and include the following thematic concerns:

1. The Passover Feast (The Last Supper) - including the raison d'être for the gathering and its significance for people of Jewish faith.
2. Praying in the Garden - highlighting the great importance of prayer
3. Trial and Condemnation - including parallels with verbal and physical mistreatment of those different to us (refugees, asylum seekers, migrants, indigenous, religious and gender choices etc.)
4. Torture - highlights repeated whipping of Christ - the agony of repeated behaviours.
5. Carrying the Burden - illuminates the heaviness of the load Jesus carried in reality and metaphorically / asking students to think about the significance of carrying a cross.
6. Bullying and Mocking - actions of stripping and being nailed to the cross laid next to actions against First Nations peoples up to this date.
7. Forgiveness - highlighting others at the cross and their roles in Jesus' story / audience are asked to do as Christ modelled - to forgive those around them and ask others to join in the care and protection of all people.
8. Sacrifice - Illuminating the sacrifice made by Jesus for all.

The audience is asked to reflect on the eight vignettes put before them. They have been involved in populating scenes, praying individually and as part of recited mantras. They are asked to celebrate and remember tradition, appreciate people's differences, weigh up the consequences of their actions, help carry the burden of others, consider how they can make a difference in their world and finally to prepare for a new season, one of new life and radiated love - Easter.



Vicky McGowan



Maria Fin



Mia La Spina

## Harmony Day

We celebrated Harmony Day on Wednesday 20th of March. Our Community came together to play games and embrace and appreciate the cultural richness and heritage of all individuals.

During our extended LM we engaged in several activities and games that represented different countries. We had Italian bocce, New Zealand's stick game, America's Scattergories, Japanese Origami, and Finnish Finska.

It was a wonderful opportunity for us to celebrate Harmony Day as a community, building relationships and enhancing cultural understanding. It was a day filled with laughter, learning and a shared sense of belonging!

***Mia La Spina,  
Leader of Community***







Cath Watter

## Caritas Ks

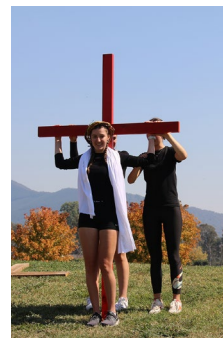
The 2024 Caritas Ks was another great day in the Marian calendar of events. Magnificent north-east weather accompanied us on our walk to and from McNamara Reserve. The College community is raising funds for the supply of a water tank to a school in Samoa. The generosity of our students participating in the annual walk is always deeply appreciated, with students 'walking in solidarity' with the poor and marginalised.

Caritas Ks is not only a fund-raiser, but an awareness-raiser as we seek to understand more fully the challenges that many of our global family face just to provide the basics of life such as clean water, food, shelter and clothing. A small sacrifice for us can be life changing for others. Our hope is that our donation, providing young people clean drinking water at school will enable them to have an education that will help them to break free from poverty.

The Caritas Ks day is also an important way to mark the end of term and observe the religious significance of the coming Easter celebrations. A moving depiction of the Stations of the Cross by our year 12 students was a special feature of the day. We thank Vicky McGowan and our senior students in bringing the easter story alive for us.

And in the grand tradition of hospitality for which Marian is renowned, a wonderful pasta lunch organised by the parish events and catering committee was thoroughly enjoyed by staff and students alike, with all additional funds raised going toward the Caritas fund-raising efforts. We thank the committee for their generous and delicious contribution!







Michelle Barker

## Athletics Carnival

After 4 years of waiting (the last full carnival was in 2019) we finally got to run our athletics carnival and the day did not disappoint. With our specially marked lines and the beautiful sunshine all communities were well represented.

**Our community winner this year was Romero with 1550 beating Nagle by 250 points. Well done Romero!**

On the day we were lucky enough to see two records broken, both in the Triple Jump. Congratulations Chole Pasquinelli jumping 8.62m to beat a 37 year record and Milla Corcoran jumping 8.62m to beat a 31 year record. Also of note, Milla Corcoran managed a perfect score winning every event in her age group. An outstanding achievement!

Congratulations to all of these winners and to everyone who participated on the day.

Thank you to all the staff and students who helped running the event, this day doesn't happen without the work of many.

### Age Group Champions

**Under 12/13**  
Milla Corcoran  
& Charles Herbert

**Under 14**  
Gemma Corcoran  
& Max McMahon

**Under 15**  
Lily Boyer &  
Cohen Kneebone

**Under 16**  
Skylah McPherson  
& Nate Locke

**Under 17**  
Lulu Laird  
& Tyler Sacco

**Under 20**  
Chole Pasquinelli  
& Fearghus Jones







Kylie Quin



Megan Fullwood

## Mental Wellbeing Week

Marian College had the pleasure of working with the Myrtleford Football and Netball Club, Alpine Health, Myrtleford P12 and St Mary's during the first week of this term in delivering sessions and activities for our students around Mental Fitness and Wellbeing.

Chelsea Frawley from the Danny Frawley Centre, an elite mental and physical fitness facility in Moorabbin, shared her story with our students. Chelsea spoke about challenges around mental fitness and different strategies that our students could use in their own lives. She was very engaging and well received by our students.

On Thursday we had small group sessions presented by Alpine Health to our students based on the theme 'Be kind to your mind'.

Students workshopped themes and devised appropriate strategies based around connections with family, friends and the community. They also looked at mindset and how they, as young people, might work to build a positive mindset in the face of day to day challenges. The sessions were very engaging and positive.





## Michael Carr-Gregg's Community Seminar

During #BeKindToYourMind week I attended the community seminar organised by NESAY and listened to Dr Michael Carr-Gregg's insights on how we can support our young people and strengthen family connections. Dr Michael Carr-Gregg is a well-known child and adolescent psychologist. The information was mostly for parents, so I'd like to pass on some of the information to our Marian College community!

Keys to the development of adolescents:

- Identity formation - who am I?
- Peer relationships - friendships are most important to young people
- Be independent from parents and have social skills to interact in society
- Attend school

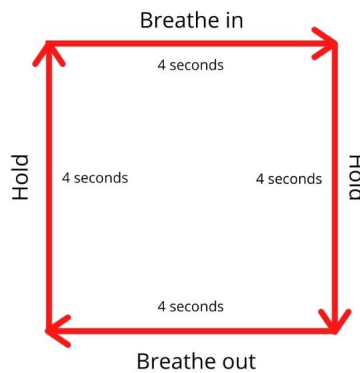
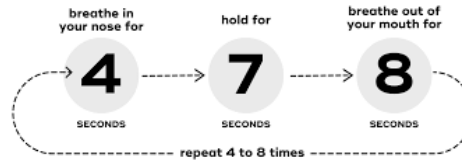
Protective factors for young people:

- Overall resilience
- Connections to other non-parental adults
- Closeness to caring friends
- Parent connectedness
- Awareness of and access to local health services
- School & neighbourhood safety
- Academic success - their definition!

Anxiety may show in young people as persistent worry or stress, or catastrophizing small events. The number one treatment for anxiety is controlling breathing.

This can be done in many ways, including:

- 5 deep breaths
- Box breathing
- 4-7-8 breathing method



Controlling the breath calms down the nervous system, so encourage your child to take deep breaths or use one of these methods if they are showing heightened stress or worry. Practice this regularly like you would with physical exercises - it's like a workout for the brain, the more you do it the better you get at it!

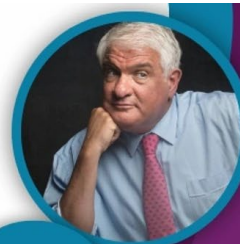
**Caitlin Nolan**  
**Student Wellbeing Officer**



Caitlin Nolan

Free Community Seminar  
**MENTAL HEALTH  
& SUPPORTING OUR  
YOUNG PEOPLE**

#BeKindToYourMind



Guest Speaker  
**DR MICHAEL  
CARR-GREGG**



Community Bank  
Bright and Myrtleford





Maria Fin



Jane Dean

## Italy Immersion Trip

This fabulous trip to Italy was truly a once in a lifetime experience!

We explored the historic streets of ancient Rome, we marvelled at the art works in the Vatican Museums and in Florence and we travelled on the Venetian canals. The slower pace of Siena gave us the opportunity to absorb the Italian language and life. Every moment was filled with excitement and our days with many varied and interesting experiences.

The students immersed themselves in the rich culture, the delicious cuisine and the breathtaking landscapes of Italy. Together we created memories that will last a lifetime.

The trip not only broadened our horizons and increased our knowledge and understanding of another culture but also built relationships with many different people from all walks of life. It gave us a deeper appreciation of the beautiful world we live in.

All who had the privilege of visiting were left with a lasting impression of 'La Bella Italia!'

### ***Jane Dean and Maria Fin***

There were many highlights from the students but here are some of the favourites.

Exploring the underground tunnels in Orvieto, learning how they lived and what they were used for. It was amazing because it showed what we can do without machines and how smart the people that made them were.

### ***Logan Bonacci***

My favourite part of the Italy trip was talking to people in Italian and being exposed to the culture.

### ***Connor Sacco***

Venetian Traditional Rowing - we got surprised with the opportunity to go out into the lagoon in Venice and test our rowing skills!! A knowledgeable man took us out and taught us the traditional techniques to rowing and about the history. Thanks to Father Peter for organising this for us.

### ***Helina Murphy***

Travelling by Gondola - It was fantastic to travel around Venice and learn about its history.

### ***Skylah McPherson***

Burano - One of the islands of Venice, full of pastel coloured buildings. It was the perfect lunch spot and little town to explore.

### ***Gemma Bodsworth***







### More highlights

Pisa - the Leaning Tower of Pisa lived up to the expectations, even better when you climb it and experience the incredible views at the top. When going up the stairs it feels like an illusion and makes you dizzy because the tower is on a lean, pretty cool!!

**Helina Murphy**



Murano Glass Blowing - it was fascinating to watch the glass blowers in action while learning the history behind the business. I was amazed by the skill and attention to detail that was used. I was surprised how quickly the glass blower managed to make a house out of just a blob of glass.

**Logan Bonacci**



The Vatican Museum was amazing. The most beautiful artworks, and learning about its background was interesting!

**Skylah McPherson**



Monteriggioni in the Chianti region of Tuscany. I loved learning from Mrs Fin that this walled town was part of the Via Francigena as mentioned by Chaucer in his famous book 'The Canterbury Tales', and used by thousands of pilgrims on their way to Rome in mediaeval times. To pilgrims headed south, it was the Via Romea, to those headed north, the Via Francigena. As an artist I found the beautiful scenery very inspiring.

**Martine Valentine**

## Careers Update

### VCE and Careers EXPO

Shortly our Year 11 students will be attending the VCE and Careers EXPO as part of their City Experience camp. This is a great opportunity for students to talk to representatives from local and interstate universities, TAFE Colleges and private providers of VET courses. There will also be major employers represented such as Victoria Police, the Defence Forces, and trades representatives. There are lectures available in subject areas for VCE students. The expo is available to members of the public on Saturday and may present an opportunity for students in other year levels who would like to explore some career ideas with a one stop shop to do so. Public bookings must be made in advance online.

<https://vceandcareers.com.au>

### Year 12 students – Preparing for university applications.

At this stage of the year, any Year 12 student considering university applications should be starting to check each university they are interested in to see if there are any early entry programs opening soon. Many universities provide early entry offers based on combinations of Year 11 academic achievement, community involvement, leadership experience and demonstrated passion for the area of study. Each university has their own timeline and application process.

It is also time to start searching the VTAC website as well as universities when you have some free time to get an idea of what courses you are interested in. Make a time with me if you need some help.



Charles Sturt  
University



Job opportunities

3,505

Jobs in Australia right now

Salary

\$78K

Typical salary in Australia

Job growth

↓ -0.7%

5-year projection

### Career Profile – Motor Mechanic

Motor mechanics service, repair and overhaul the mechanical parts of light motor vehicles, such as the engine, the transmission (clutch, gear box and differential), and the suspension systems (springs, steering, brakes, wheels and tyres). You study at TAFE as part of an apprenticeship to gain your knowledge and skills to become fully qualified.

Links: [How to become a Motor Mechanic - Salary, Qualifications, Skills & Reviews – SEEK](#)

[How to become a Motor Mechanic - Car \(gooduniversitiesguide.com.au\)](#)

**Michael Guinane**  
**Pathways Leader**



LA TROBE  
UNIVERSITY



RMIT  
UNIVERSITY



ACU

AUSTRALIAN CATHOLIC UNIVERSITY



Michael Guinane



## Community Announcements



### Check out Scouts!

#### At 1st Myrtleford Scout Group!

Scouting actively engages and supports young people aged 5-25 in their personal development, empowering them to make a positive contribution to society.

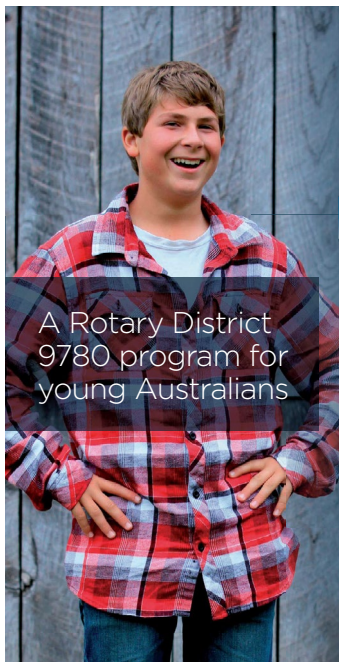
Our Section meeting nights are:  
Joey Scout (ages 5-8) Monday 4:30-5:30pm  
Cub Scouts (ages 8-11) Tuesday 6-7:30pm  
Scouts (ages 11-15) Tuesday 6-7:30pm  
Venturers (ages 15-18) Wednesday 6-8pm

We meet at 183 Buffalo River Rd, Myrtleford.

For more information or to join, contact  
gl.1stmyrtleford@scoutsvictoria.com.au  
or call 0438 403 068.



**1800 SCOUTS**  
scoutsvictoria.com.au



**Rotary**  
District 9780

**DEFYING THE DRIFT!**

A Rotary District 9780 program for young Australians

**WHAT?**  
DID is a program designed to empower young people to:  
• Identify and explore agriculture and agribusiness career opportunities  
• Build communication skills  
• Develop career networks

**WHO?**  
DID is for year 10 and year 11 students

**WHY?**  
Because there are great, high paying professional, entrepreneurial and trade careers in agriculture that young people need to know about!

**WHEN?**  
Monday September 23, 2024 to  
Wednesday September 25, 2024

**WHERE?**  
Longerenong Ag College, Horsham

**HOW MUCH?**  
\$250 Early bird price - pay by July 31  
\$350 per student, sponsorship available.  
**More information at [www.defyingthedrift.org](http://www.defyingthedrift.org)**



DID starts with a 3 Day residential program at Longerenong Ag College. There will be lots of new friends to make, inspiring agriculture role models to meet, places to visit and lots of fun.

The second part is a presentation by each participant at their sponsoring Rotary Club - a great chance to meet community leaders.



## EDUCATION SUPPORT OFFICER

### 2 POSITIONS

**FIXED TERM PART TIME**  
29th April - 28th June  
Monday, Thursday & Friday

**FIXED TERM PART TIME**  
18th June - 19th July  
Tuesday, Wednesday & Thursday

Expressions of interest are sought from enthusiastic, energetic, practical and organised persons for the position of Education Support Officer.

The successful candidates will demonstrate initiative, enjoy collaborating with colleagues and have a passion for working with adolescents.

Responsibilities will include support in the classroom and other duties in line with the applicant's skills and interests.

Qualifications or experience in secondary education support would be an advantage.

Other combinations of FTE, days and length of contract will be considered for the right applicant.

Employment details are available by contacting Andrew McKenzie-McHarg at [recruitment@mcm.vic.edu.au](mailto:recruitment@mcm.vic.edu.au)

*Marian College is a year 7-12 coeducational Catholic School. We are committed to Child Safe standards and promote the wellbeing and inclusion of all children.*

## DRIVING MENTORS NEEDED for the Myrtleford L2P Program?

The program matches **learner drivers** and **volunteer mentors** together so learners who are struggling to get their supervised hours, can be supported to successfully pass their driving test and gain their **P** plates.

**Myrtleford and surrounds** are in desperate need of mentors. So, if you would like to **assist someone** to get their licence, have some time to spare and enjoy giving to your community, contact us for more information.

Volunteer mentors receive training and support and have access to a dedicated vehicle. To find out more, speak to the L2P Coordinator on 03 5755 0555 or email [l2p@alpineshire.vic.gov.au](mailto:l2p@alpineshire.vic.gov.au)



ARE YOU A YOUNG PERSON?

WANT TO WORK WITH OTHER YOUNG PEOPLE TO MAKE REAL CHANGE IN YOUR COMMUNITY?



JOIN R.A.Y.S

EMAIL [YDO@ALPINESHIRE.VIC.GOV.AU](mailto:YDO@ALPINESHIRE.VIC.GOV.AU) @RESILIENTALPINEYOUTHSQUAD ON INSTAGRAM



**FREE** **Video Competition**

we want your video...  
... to inspire a better world!

**\$1000s+ prizes!**

Be part of a video comp with a difference - a platform to gather and amplify young people's stories while connecting them with social change organisations to amplify their impact

Get your story heard! [storiesoaction.org](http://storiesoaction.org)

INFO HERE!

Partners: Bendigo Sustainability Group, Bendigo Regional Council, ERBB, BENDIGO, renew.

## FREE QUALIFICATIONS AND SHORT COURSES

The Future Proof program offers FREE CERTIFIED QUALIFICATION opportunities to 16-25 year old's, equipping you with the skills needed to build a successful career and contribute meaningfully to your community

- ✓ FEES COVERED
- ✓ COURSE COMPLETION SUPPORT
- ✓ ASSISTANCE WITH TRANSPORT
- ✓ HELP FINDING THE RIGHT COURSE
- ✓ SPECIALISED INTEREST SUPPORT

### FREE Certificates

- Cert II in Fire Fighting
- Cert II and III in Animal Care
- Cert III in Horticulture
- CERT III and IV in Agriculture
- Cert IV and Diploma of Community Services
- Diploma of Counselling

PLUS MORE!

### FREE Short Courses

- Drone Piloting
- First Aid and CPR
- Traffic Control
- White Card
- Basic Wildlife Awareness
- Safe Food Handling

PLUS MORE!

Contact us today to enrol  
Call Mackenna on 0487 032 913  
or scan here



# MYRTLEFORD AND DISTRICT VOLLEYBALL ASSOCIATION

Committee member volunteers needed!

The Myrtleford and District Volleyball Association is at risk of folding in 2024 if we do not get volunteers to fill committee positions.

All committee positions (President, Vice President, Treasurer, Secretary) are up for nomination. The competition will not run if we do not get people who are willing to step up and help out.

We also need more teams to register. We encourage people to join our Facebook group "Myrtleford and District Volleyball Association" for updates.

Interested participants/applicants can email [myrtlefordvolleyball@gmail.com](mailto:myrtlefordvolleyball@gmail.com)