



Marian College Newsletter

'Smaller Community - Big Opportunity'

Wednesday 8th May 2024

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Marian College

Prince St (PO Box 215)

Myrtleford Vic 3737

P (03) 5752 1596

E info@mcm.vic.edu.au

W www.mcm.vic.edu.au

Office Hours

8am - 4pm

Acknowledgment

Marian College acknowledges the Minjambuta People as the traditional custodians of this land.

Marian College is founded on the charisma of the Presentation Sisters 'In Deeds Not Words'.

Marian College is an inclusive and Child Safe school.

Marian College is committed to Democratic Principles

Acting Principal's Report – Kylie Quin



It has been a very busy time here at Marian over the last two weeks. Our students have wholeheartedly shared their time, skills and passion to serve others. It makes me very proud to be a member of this community.

Our Year 11 students spent three days last week in Melbourne as part of their City Experience camp. From all accounts they had a great experience visiting a wide range of venues. Throughout their time in Melbourne they were great ambassadors for Marian.

GROW Up! The College Production is on this week. It is the culmination of many hours of hard work and dedication by all students involved under the direction and guidance of Vicky McGowan. I encourage you to come along and watch this amazing group of talented students doing what they truly love. I wish each of them all the very best for the shows.

We had the pleasure of hosting Year 6 students from St Mary's, St Joseph's

Beechworth and Myrtleford P12 today, who came along to watch the dress rehearsal of the College Production. It was fantastic to see them working alongside our student leaders.

This morning we saw all of our students run the cross country event. It was brilliant to see students participating and encouraging their peers. Congratulations to everyone.

A number of students have headed off to the "Justice Matters" Social Justice Camp in Beechworth. This camp aims to inspire our young people to become agents of change within our community, nationally and globally in the promotion of action for justice. I wish them well and look forward to seeing what they take away from their time together.

Finally thank you to all of our hard working staff and students on coordinating such a diverse range of events and activities. Without the teamwork, passion and dedication from each and every member of this community these events could simply not occur.

Kylie Quin
Acting Principal

Prayer - Mother's Day Prayer

Dear God,

May we cherish the gift of motherhood in all its forms.

**We thank them for their all-encompassing love,
for their commitment, care and kindness.**

**We honour the mothers who have chosen to nurture and care for children not
born from their bodies but from their hearts.**

**We remember the mothers who watch over us from afar,
their physical presence no longer with us but their love eternal.**

We thank them for the endless devotion and their love that knows no bounds.

We pray for all kinds of mothers.

Amen



Absentees

Students are expected to attend and be punctual to all classes and events. School starts at 8.45am each day with Learning Mentor (LM).

- If a student is absent, it is important that parents/guardians inform the school by 9am on the day, **providing a reason.**

PAM: pam.mcm.vic.edu.au

Email: info@mcm.vic.edu.au

Phone: (03) 5752 1596

- All absentees are recorded at morning LM. If the College has not been notified of a student's absence, both parents or guardians or custodial parents will be notified by text message to let them know that their child is not at school. ***The reason for the absence will be requested as it is a legal requirement that the College notes this on the absence register.***
- **If a reply is not received from the students' parents, the office will ring parents contact number. If a reply is still not received emergency contacts will be notified**
- Attendance is taken at the start of each period.
- Parents are not required to notify the office if students are attending excursions and sports carnivals as excursions and sports carnivals are part of the school's planned learning activities.

If a student is late

- Students arriving late are required to sign-in at Student Reception.
- A note or telephone message from parents/guardians is required to support the reason for the lateness if signing in more than 15 minutes late

Covid-19

There has been an increase in the number of COVID19 cases across North East Victoria in recent weeks.

So just a few reminders about some actions that we can all take to keep our community safe.

- **Air purifiers can be used and windows and doors opened to provide ventilation.**
- **Students can also be given the opportunity to work outside when appropriate.**
- **Good hand, cough and sneeze hygiene continues to be important, as does physical distancing where possible.**
- **Students who are confirmed cases should isolate at home for at least 5 days and only return to school when they are well.**

We have a number of staff and students with vulnerable health. Staying at home if you are unwell will help protect all members of the College community.

- **Anyone who is a close contact of a confirmed case is encouraged to wear a mask. Masks are available from reception for those who would like them.**
- **RATs are also available at reception for testing if you develop symptoms and for daily testing of close contacts.**
- **We continue to ask parents and carers to report positive cases to the School.**

As always, if you are unwell, please do not come to school until your symptoms resolve.



Calendar 2024

Tuesday 7th - Thursday 9th May	Mental Health First Aid Year 8 & 10
Wednesday 8th May	Cross Country
Wednesday 8th May	G.R.O.W Up! Year 6 Show
Wednesday 8th May	Advisory Council Meeting 6pm
Wednesday 8th - Friday 10th May	Justice Matters Camp
Thursday 9th May	G.R.O.W Up! Production Opening Night
Friday 10th May	G.R.O.W Up! Production Matinee and Closing Night
Tuesday 14th May	Tomorrow Man/Woman Sessions - Year 10
Thursday 16th May	O&M Senior/Intermediate AFL
Wednesday 29th May	Reconciliation Week Whole School Assembly
Wednesday 29th May	O&M Girls Intermediate/Juniors AFL

Term Dates 2024

Please find below the school term dates for 2024

Term 2

Start: Monday 15th April
Finish: Friday 28th June

Term 3

Start: Monday 15th July
Finish: Friday 20th September

Term 4

Start: Monday 7th October
Students Finish: Tuesday 10th December
Staff Finish: Friday 20th December

Absentees - Please Let The Office Know

All Student absentees must be reported to the office via one of the below three methods

Phone – 5752 1596

Email – absences@mcm.vic.edu.au

PAM – pam.mcm.vic.edu.au

It can be helpful for parents to follow up with teachers, but the first point of contact should always be the office. It is not the responsibility of the teacher to pass on messages to the Administration team.

Thank you.



Michelle Barker

Hume Girls Volleyball

The Intermediate volleyball girls represented the school well. With a late withdrawal they only got to play 2 games. Their first game was their best with chances to win the first set against Victory who were the overall winners in their division.

They all played hard and had a fun day competing with other schools from the region.



Year 8 Food Technology

Year 8 Food Technology students made and cooked picci (pronounced 'pitchi'). I completed a traditional Tuscan cooking course at the Fonte Giusta Cooking Academy, in Siena. I learnt to make and cook a variety of pastas from the region, including the traditional handmade picci of Siena, as well as several of the seasonal sauces which accompany them. The students taste tested their pasta, garnished with olive oil, pecorino cheese and parsley.



Martine Valentine



ANZAC Day Community Service

Our eight College Leaders played a crucial role in representing their College at the ANZAC Day Commemoration Service.

The event remembered and honoured the brave men and women who served during World War 1 and subsequent conflicts. By attending this service our College leaders not only paid tribute to the sacrifices made by these individuals, but also demonstrated our College's commitment to remembering and honouring their legacy.

Their presence served as a symbol of respect, remembrance and gratitude for the service and sacrifice of the ANZACs.



Middle School Agriculture

Middle School Agriculture students took advantage of this glorious weather and learnt how to dead head roses, as well as learning about the art of pruning. They made natural pesticide to deal with the leaf cutter caterpillars that are enjoying a free feed in our vegetable garden.



Maria Fin



Anna Fin-Genero



Maria Fin

ANZAC Assembly

The Marian College Community celebrated their annual ANZAC Assembly on Wednesday 1st May. It brought together our entire school community to honour and remember the brave men and women who served our country.

The theme for our ANZAC Assembly: **'Honouring our Peacekeepers'**, is supported by our Presentation charism and the 2024 College theme **'New Day, New Hope, New Beginnings.'**

I want to express our gratitude on behalf of the College to our guest speaker, John Twyford, for his informative presentation on **Australian Peacekeeping from 1947 to 2024**. His insights shed light on an often overlooked aspect of global security.

It was a time to educate us all on the critical role that peacekeepers play in maintaining stability and promoting peace worldwide.

John raised our awareness about these issues, and we look forward to further discussions with our Community on how we can support the work of peacekeepers through our **Social Justice Program**.

We thank him once again for sharing his knowledge with us. His contribution has not only enriched our understanding but has also inspired us to action.



Supporting Young People

There are free programs available online, based on research and are run by universities:

moodgym

Mood Gym: free cognitive behavioural therapy with modules to work through
<https://www.moodgym.com.au/>

The Brave Program.

Brave program: prevention and treatment of anxiety, including support for parents
<https://brave4you.psy.uq.edu.au/>

Beyond Blue

Websites for parents and guardians that provide information on picking up on symptoms, and tips on how to talk to and support young people with mental health problems

<https://www.beyondblue.org.au/mental-health/parenting>

<https://www.headtohealth.gov.au/support-for-parents-and-guardians>

If you feel you need further support, **Gateway Health** offers free parenting programs and one one-on-one support for parents. This does not have to be related to mental health, it could be for behavioural problems or support in connecting with and understanding teenagers etc.

You can browse the programs or find their contact information here:

<https://gatewayhealth.org.au/services/child-family/parent-and-relationship-education/>

REACH OUT

ReachOut also has a free one-on-one coaching service for parents

<https://parents.au.reachout.com/one-on-one-support>

Some reminders when dealing with mental health problems and events that are going on in the world with your young people:

- There is a lot of random chaos in the universe and bad things do happen, so focus on the good parts and if you can't change something, change the way you think about it!
- Set clear boundaries with young people - this includes phone use! E.g no phones at bedtime or when studying.
- Use humour when you can and only argue over things that matter.

At Michael Carr Gregg's Mental Health Seminar, discussed in the last newsletter, he finished with a popular quote 'Young people are 20% of the population and 100% of the future, and the future is in your hands'

If you are concerned about your child's mental wellbeing or have noticed signs of anxiety or depression, or other behaviours not normal for your child, it is best to take them to your GP for further assessment and investigation.

If you need assistance at school, don't hesitate to get in touch with their Learning Mentor, your first point of contact.

Caitlin Nolan
Student Wellbeing Officer



Caitlin Nolan



Andrew
McKenzie-McHarg

Year 11 City Experience

Year 11's Explore Melbourne's Past, Present and Future.

Our Year 11 students returned from an action-packed 3-day camp to Melbourne last week, having experienced some of the city's top attractions and opportunities.

The camp kicked off by stepping back in time with a tour of the historic Old Melbourne Gaol. Students got a harsh glimpse into prison life in the 1800s as they saw the cramped cells and grounds where many of Melbourne's most notorious criminals were once held.

A feature of the three days was taking in the acclaimed musical "Wicked" at the Regent Theatre. The spellbinding production dazzled with its imaginative sets, show-stopping songs, and powerful story about friendship and being true to yourself.

Another highlight was the Arts Centre Melbourne with a visit to The Australian Music Vault. The Australian Music Vault features an immersive exhibition showcasing the evolution of Australian music, innovative digital experiences, and iconic objects from our Australian Performing Arts Collection.

A visit to the annual VCE and Careers Expo combined with a tour of Melbourne University was all about looking towards future career paths. Our students had the chance to meet with representatives from a variety of industries, universities, and training providers. They gathered valuable information about further study options and employment outlooks across dozens of professions.

The 'Amazing Melbourne Race' saw students race around the city centre in teams, tackling brain-teasers and

destination challenges at locations like Victorian Library, Shrine of Remembrance, Flinders Street Station, and State Parliament. It was a fun team-building activity that tested their navigational and problem-solving abilities.

Between the cultural sites, dazzling theatrical performance, careers planning, and Amazing Race excitement, Year 11s hopefully walked away having gained new perspectives and insights into both Melbourne's storied past and their own futures ahead. It was an educational and bonding experience they hopefully won't soon forget!

Sincere thanks goes out to the Year 11s for their exceptional behaviour and enthusiasm throughout the camp. The students were incredibly respectful, engaged, and collaborative during each activity and proved fine ambassadors for Marian College and the wider Myrtleford community. We are also extremely grateful for the leadership, supervision and efforts of Andrea Skahill and Bridget Goodyear whose dedication and commitment ensured the camp ran seamlessly and provided a safe, engaging environment for students to learn and grow beyond the classroom.







Vicky McGowan

G.R.O.W Up! Production

This year's production performance is aimed at children, but great for the whole family! The show follows the story of Umberto and Polly (brother and sister) who are asked to stay home to consider the calibre of their behaviours at school in and out of the classroom. Whilst isolated in their respective rooms to reflect, they imagine fantastical worlds which help them learn lessons about Generosity, Respect, Ownership, and Wholeheartedness. With courage, patience and a newfound perseverance, they take on the responsibility of their actions and finally return to school to make the most of their learning.

What could they learn from a 'Cat' in a hat or a 'Wild Thing'? What could they glean from young 'Madeline' in Paris, or Baloo and King Louis in the jungle? What lessons could be taught in 'Wonderland' or in the Chocolate Factory with 'Wonka'? Will they survive a Bear Hunt or know which way is home in 'Munchkinland'?

Feast your eyes and let your imaginations run riot in this show ... who knows, maybe you too will learn something!

Don't forget to book your tickets!

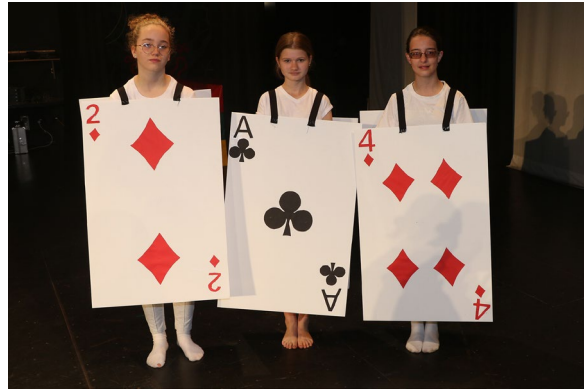
Tickets can be purchased at the door but we encourage you to book in advance so you don't miss out.

Marian College presents...

G.R.O.W. Up!

<p>Dates 2024</p> <p>8th May, 11:30am (Grade 6 Transition show) 9th May, 6:30pm (Opening Night) 10th May, 1:30pm (School Show) 10th May, 6:30pm (Evening Show)</p>	<p>Bookings through Marian College Office (03) 5752 1596</p>
<p>Venue</p> <p>EMPAC, Prince Street, Myrtleford</p>	<p>Pricing</p> <p>\$8 (All Concessions) \$15 (Per Adult) \$40 (Family of 5)</p>





Uniform Matters

We are now in Week 4 of Term 2 therefore full winter uniform is compulsory for all students. All winter uniform items, excluding the blazer, are available to purchase at Billy and Me.

Please contact the Office if you have any issues or concerns on (03) 5752 1596 or email info@mcm.vic.edu.au





Katelyn Shallue



Rhiannon Shallue

Dragon Boat Racing Australian Championships

On the holidays Rhiannon and Katelyn Shallue drove over to Perth for the Dragon Boat Racing, Australian Championships. It was held on Champion Lakes just outside of Perth. This was a great experience for these two students and both would 100% do it again if they had the chance to.

They came home with 5 bronze medals, 3 silver metals and 1 gold medal. This was a 5 day competition. These students paddled as juniors so they paddled on the last 3 days of the competition.

On the first day of them competing they paddled for Victoria the state team joining with South Australian team because both didn't have enough paddlers to make their own team.

The last two days of paddling were Australian Joys which is a whole bunch of juniors from different clubs paddling as one team.



2023 Yearbooks!

Our 2023 Yearbooks have arrived!

Yearbooks were handed out, one per family, on Tuesday 29th April during Learning Mentor. If your family did not receive a copy please send your student to pick one up from the office.



Careers Update

What is an ARTS degree or BA? Do I have to study Art?

You don't have to study art, but you may choose to. The arts or humanities include subjects like philosophy, history, English and other languages, visual arts, performing arts, media and communications and religion. The social sciences include economics, politics and international relations, archaeology, anthropology, sociology, criminology, linguistics, law etc. (Source: University of Sydney)

Almost all universities will offer a Bachelor of Arts degree. Some examples include:

ACU - [Bachelor of Arts | ACU courses](#)

CSU – [Bachelor of Arts - Study \(csu.edu.au\)](#)

La Trobe University - [Bachelor of Arts | BA Melbourne | La Trobe University](#)

I know an area I am interested in but what jobs could I do? Where do I look?

The Careers Bullseye interactive posters are a good place to start. You will find



them via our school careers webpage. They show possible career areas direct from school, via TAFE or after a university course, for a broad area such as Business. You can click on a particular career to find out more. They are particularly useful if you are not sure about future study pathways you might like to follow, or how you could progress in the field over time if you add more study.



Career Profile – Hairdresser

Hairdressers cut, style, colour, straighten and permanently wave hair and provide clients with hair and scalp treatments.

To become a hairdresser you usually have to complete an apprenticeship. Entry requirements may vary, but employers generally require Year 10. You can also become a hairdresser by completing a VET qualification.

Links: [How to become a Hairdresser - Salary, Qualifications, Skills & Reviews – SEEK](#)

[How to become a Hairdresser \(gooduniversitiesguide.com.au\)](#)



Michael Guinane
Pathways Leader



Michael Guinane



Community Announcements



Check out Scouts!

At 1st Myrtleford Scout Group!

Scouting actively engages and supports young people aged 5-25 in their personal development, empowering them to make a positive contribution to society.

Our Section meeting nights are:

Joey Scout (ages 5-8) Monday 4:30-5:30pm

Cub Scouts (ages 8-11) Tuesday 6-7:30pm

Scouts (ages 11-15) Tuesday 6-7:30pm

Venturers (ages 15-18) Wednesday 6-8pm

We meet at 183 Buffalo River Rd, Myrtleford.

For more information or to join, contact gl.1stmyrtleford@scoutsvictoria.com.au or call 0438 403 068.



Scouts
VICTORIA

1800 SCOUTS
scoutsvictoria.com.au



EDUCATION SUPPORT OFFICER

2 POSITIONS

FIXED TERM PART TIME
29th April - 28th June
Monday, Thursday & Friday

FIXED TERM PART TIME
18th June - 19th July
Tuesday, Wednesday & Thursday

Expressions of interest are sought from enthusiastic, energetic, practical and organised persons for the position of Education Support Officer.

The successful candidates will demonstrate initiative, enjoy collaborating with colleagues and have a passion for working with adolescents.

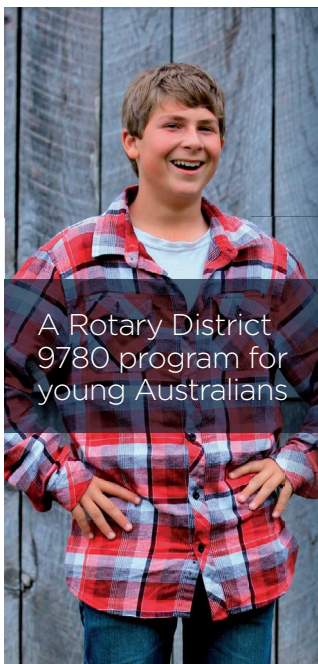
Responsibilities will include support in the classroom and other duties in line with the applicant's skills and interests.

Qualifications or experience in secondary education support would be an advantage.

Other combinations of FTE, days and length of contract will be considered for the right applicant.

Employment details are available by contacting Andrew McKenzie-McHarg at recruitment@mcm.vic.edu.au

Marian College is a year 7-12 coeducational Catholic School. We are committed to Child Safe standards and promote the wellbeing and inclusion of all children.



Rotary
District 9780

DEFYING THE DRIFT!

A Rotary District 9780 program for young Australians

WHAT?
Did is a program designed to empower young people to:

- Identify and explore agriculture and agribusiness career opportunities
- Build communication skills
- Develop career networks

WHO?
Did is for year 10 and year 11 students

WHY?
Because there are great, high paying professional, entrepreneurial and trade careers in agriculture that young people need to know about!

WHEN?
Monday September 23, 2024 to Wednesday September 25, 2024

WHERE?
Longerenong Ag College, Horsham

HOW MUCH?
\$250 Early bird price - pay by July 31
\$350 per student, sponsorship available.

More information at www.defyingthedrift.org



Did starts with a 3 Day residential program at Longerenong Ag College. There will be lots of new friends to make, inspiring agriculture role models to meet, places to visit and lots of fun.

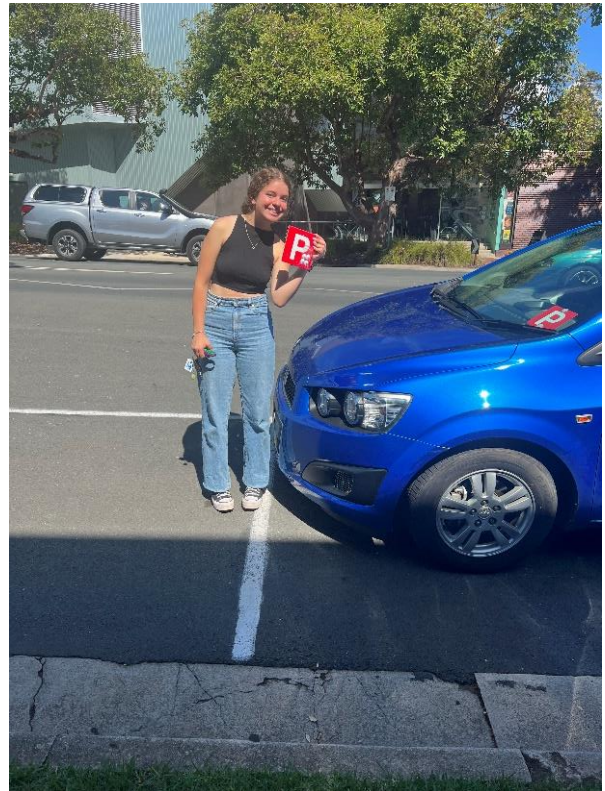
The second part is a presentation by each participant at their sponsoring Rotary Club - a great chance to meet community leaders.

DRIVING MENTORS NEEDED for the Myrtleford L2P Program?

The program matches **learner drivers** and **volunteer mentors** together so learners who are struggling to get their supervised hours, can be supported to successfully pass their driving test and gain their **P** plates.

Myrtleford and surrounds are in desperate need of mentors. So, if you would like to **assist someone** to get their licence, have some time to spare and enjoy giving to your community, contact us for more information.

Volunteer mentors receive training and support and have access to a dedicated vehicle. To find out more, speak to the L2P Coordinator on 03 5755 0555 or email l2p@alpineshire.vic.gov.au



FREE **YOUTH ALPINE**

Video Competition

*we want your video...
... to inspire a better world!*

\$1000s+ prizes!

Be part of a video comp with a difference – a platform to gather and amplify young people’s stories while connecting them with social change organisations to amplify their impact

Get your story heard! **INFO HERE!** storiestoaction.org

Bendigo Sustainability Group **beatgreen** **FRRR** **CITY OF GREATER BENDIGO** **renew.**

FREE QUALIFICATIONS AND SHORT COURSES

The Future Proof program offers **FREE CERTIFIED QUALIFICATION** opportunities to 16-25 year old's, equipping you with the skills needed to build a successful career and contribute meaningfully to your community

- ✓ FEES COVERED
- ✓ COURSE COMPLETION SUPPORT
- ✓ ASSISTANCE WITH TRANSPORT
- ✓ HELP FINDING THE RIGHT COURSE
- ✓ SPECIALISED INTEREST SUPPORT

FREE Certificates

- Cert II in Fire Fighting
 - Cert II and III in Animal Care
 - Cert III in Horticulture
 - Cert III and IV in Agriculture
 - Cert IV and Diploma of Community Services
 - Diploma of Counselling
- PLUS MORE!

FREE Short Courses

- Drone Piloting
 - First Aid and CPR
 - Traffic Control
 - White Card
 - Basic Wildlife Awareness
 - Safe Food Handling
- PLUS MORE!

Contact us today to enrol
Call Mackenna on 0487 052 913
or scan here



**Expressions of Interest
are currently open for my
2024 PARLIAMENTARY VOLUNTEER
PROGRAM.**

I know young people are engaged with issues they care about right across Indi. The Parliament Volunteer Program offers an exciting opportunity where you can share your expertise and experiences with me and my team in Canberra and see first-hand how the parliament works.

No experience or prior knowledge about the parliament is needed to participate in this program. The only requirements are an enthusiastic learning attitude and a passion to contribute to positive change for your communities. My team will support you with any skills you need to make your time in Canberra meaningful and fun.

Your role can involve attending meetings and events, researching and writing, watching Question Time in action, meeting people from across the nation and touring Parliament House and the Parliamentary Library. You will get the opportunity to engage and positively contribute to issues that matter to you.

The program is open to individuals aged 18 years and older that live or work in Indi or are from Indi but have moved away for further study.

The program runs from Monday to Thursday, a full sitting week. Participants are required to cover their own costs of participation; however, homestay options are available. Volunteers between the ages of 18 –30 may apply for a bursary to assist with travel expenses. This is allocated on a first-come, first-served basis until the funds are exhausted.

Places for the 2024 Parliament Volunteer Program are expected to fill up quickly. If you are interested in taking part, please fill out the [Expression of Interest Form](#) to secure a place.

If you have any questions about the program, please email helen.haines.mp@aph.gov.au.

We are looking forward to welcoming you as a valued member of our team in Canberra. Together, we can make a difference.



**ARE YOU A YOUNG PERSON?
WANT TO WORK WITH OTHER
YOUNG PEOPLE TO MAKE REAL
CHANGE IN YOUR COMMUNITY?**

JOIN R.A.Y.S
EMAIL YDO@ALPINESHIRE.VIC.GOV.AU @RESILIENTALPINEYOUTHSQUAD
ON INSTAGRAM

Future Proof
www.alps.vic.gov.au

PROUDLY RUN BY AL'S SKATE CO

20 24

NORTH EAST SKATE PARK SERIES
SKATE - SCOOT - BMX

**ROUND 6
BRIGHT
SKATE PARK
SATURDAY MAY 11TH**

REGISTRATION & WARM UP 10:30AM
COMPETITION STARTING 11:00AM

ALL AGES EVENT
ALL EVENTS ARE DRUG, ALCOHOL, SMOKE & VAPE FREE

INFO: [@ALSSKATECO](https://www.instagram.com/ALSSKATECO) [@ALSSKATECO](https://www.facebook.com/ALSSKATECO) [freeze.victoria](https://www.facebook.com/freeze.victoria)

towongshire Rural City of Wangaratta

ALPINE Mansfield Shire INDIGO SHIRE COUNCIL BENALLA RURAL CITY moira SHIRE